

## NEW HETEROCYCLIC MODIFIERS OF OXIDATIVE DRUG METABOLISM—II

### STERIC FACTORS IN THE INTERACTION OF ISOMERIC 2-(NAPHTHYL)METHYLBENZIMIDAZOLES WITH RAT HEPATIC MICROSOMAL CYTOCHROME P-450 AND MONOOXYGENASE ACTIVITIES

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**Abstract**—The inhibitory potency of the two isomeric 2-(naphthyl)methylbenzimidazoles towards three monooxygenase activities (aminopyrine *N*-demethylase, 7-ethoxycoumarin *O*-deethylase and aniline *p*-hydroxylase) was assessed in hepatic microsomal fractions from untreated, phenobarbitone-induced and  $\beta$ -naphthoflavone-induced rats. The isomers were essentially equipotent with each other as inhibitors of the phenobarbitone-induced monooxygenases (the ratio of the  $I_{50}$ s of the isomers was about 1.0 in each case) but differences between the isomers were noted in the inhibition potencies against three monooxygenase activities from  $\beta$ -naphthoflavone-induced liver. The isomer 2-(1'-naphthyl)methylbenzimidazole was approximately twice as potent as the 2'-naphthyl isomer against 7-ethoxyresorufin *O*-deethylase activity, whereas the opposite was observed with respect to 7-ethoxycoumarin *O*-deethylase inhibition; aniline *p*-hydroxylase was poorly inhibited by both isomers. The binding affinity and extent of binding, assessed from double-reciprocal plots of spectral binding studies, of the 1'-isomer was much greater than that of the 2'-isomer in  $\beta$ -naphthoflavone-induced microsomes. Inhibition data in untreated hepatic microsomes were more complex and the finding of principal interest was that the 1'-isomer was poorly inhibitory towards aniline *p*-hydroxylase activity whereas the 2'-isomer enhanced this activity. These studies suggest (1) that the steric conformations of the isomeric naphthylmethylbenzimidazoles at the cytochrome P-450 active centre determines the extent to which the inhibitors modulate a specific monooxygenase activity, and (2) that multiple binding sites with the capacity to interact to different extents with benzimidazole derivatives are present in P-450 in  $\beta$ -naphthoflavone-induced hepatic microsomes. The apparent importance of steric conformation as a determinant of inhibition and enhancement of aniline *p*-hydroxylase in untreated microsomal fractions may well reflect specific interactions with multiple binding sites.

The oxidative biotransformation of a wide range of lipophilic drug substrates and endogenous compounds to more hydrophilic metabolites is catalysed by the cytochrome P-450 (P-450)-mediated monooxygenase system present in the microsomal fraction of mammalian liver. Although the P-450 system is unusual in that it possesses a very low substrate specificity, it is now clear that this characteristic is attributable to the relatively large number of isozymic forms of P-450 present in the microsomal fraction. Indeed, at least twelve distinct isozymes have been isolated from untreated and differently-pretreated rat hepatic microsomes [1–3].

Several classes of organic compounds are active inhibitors of the hepatic monooxygenase system and it is now clear that many inhibitor classes interact directly with the cytochrome at or near the catalytic centre [4–8]. Nitrogen heterocycles include some of the most potent inhibitors of the P-450 system. Imidazole and benzimidazole derivatives have been the subject of intensive interest regarding the mode of their inhibitory action [4–7]. Small heteroaromatic ring systems, typified by the imidazoles, appear to interact, at least in part, with the P-450 haem iron via its sixth axial coordination position [4, 9, 10].

This interaction produces a transition of the spin equilibrium that exists in ferric P-450 towards the low spin ( $S = 1/2$ ) configuration and results in a decreased rate of reduction of the ferric P-450-substrate complex by electrons transferred from NADPH [11]. Nevertheless, more potent imidazole-based inhibitors probably interact with hydrophobic binding regions on the P-450 apoprotein in addition to the haem interaction [4]. In contrast, most benzimidazoles, which may be considered as imidazole derivatives that possess a fused carbocyclic ring system, do not appear to interact directly with the P-450 haem. Instead, interaction with hydrophobic binding sites adjacent to the P-450 haem would seem to be largely responsible for the noted inhibition potency of substituted benzimidazoles [5, 6, 12, 13]. Consistent with this assertion, most structure-activity relationships have emphasised the primary importance of hydrophobic character to inhibitory potency by benzimidazoles and other monooxygenase inhibitors [4, 5, 13–15]. Studies of this type have imparted little information regarding the steric factors that influence inhibition potency. In view of this deficiency, and in the light of recent studies that have strongly suggested that multiple binding sites may exist in the P-450 catalytic centre [8, 16], the



Table 1. Inhibition of rat hepatic microsomal monooxygenase activities by isomeric 2-naphthylmethylbenzimidazoles

| Inhibitor                          | Microsomal monooxygenase activity ( $I_{50}$ ; $\mu\text{M}$ )* |      |                                   |      |  |      |
|------------------------------------|---|------|-----------------------------------|------|--|------|
|                                    | Control microsomes  |      | Phenobarbitone-induced microsomes |      | $\beta$ -Naphthoflavone-induced microsomes |      |
|                                    | ECOD  | APDM | ECOD                              | APDM | ECOD                                       | EROD |
| 2-(1'-naphthyl)methylbenzimidazole | 13  | 100  | 21                                | 33   | 67   | 1.5  |
| 2-(2'-naphthyl)methylbenzimidazole | 15  | 42   | 17                                | 29   | 39   | 3.4  |

\* Control activities were: in control microsomes, ECOD (7-ethoxycoumarin *O*-deethylase): 1.0 nmole umbelliferone/min/mg protein; APDM (aminopyrine *N*-demethylase): 1.7 nmole formaldehyde/min/mg protein. In phenobarbitone-induced microsomes, ECOD: 2.8 nmole umbelliferone/min/mg protein; APDM: 4.3 nmole formaldehyde/min/mg protein. In  $\beta$ -naphthoflavone-induced microsomes, ECOD: 8.9 nmole umbelliferone/min/mg protein; EROD (7-ethoxyresorufin *O*-deethylase): 1.9 nmole resorufin/min/mg protein.

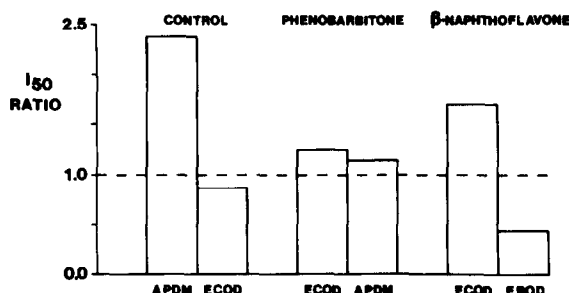


Fig. 2. Histogram showing the  $I_{50}$  ratio (relative potencies of the isomers) as a function of the monooxygenase activity evaluated. The broken line represents an  $I_{50}$ -ratio of 1.0 (equipotent inhibition by the isomers). The ratio takes a value greater than 1.0 when the 2'-isomer is a more potent inhibitor than the 1'-isomer.

equally susceptible to inhibition by the isomeric benzimidazole derivatives (Table 1; Fig. 2). In contrast, induction by  $\beta$ -naphthoflavone produced quite different effects. The 2'-isomer proved to be approximately twice as potent as the 1'-isomer as an inhibitor of ECOD activity after  $\beta$ -naphthoflavone induction

whereas the 1'-isomer was twice as potent as the 2'-isomer against EROD activity. Superficially it may have been anticipated that these two *O*-dealkylation reactions in  $\beta$ -naphthoflavone-induced microsomes may be similarly susceptible to inhibition by the two benzimidazoles. This was clearly not the case and therefore the data have clear implications for the nature of substrate binding at the catalytic centre of the P-450 haemoprotein.

#### Effect of naphthylmethylbenzimidazoles on microsomal aniline *p*-hydroxylase activity

The effects of the isomeric naphthylmethylbenzimidazoles on aniline *p*-hydroxylase were assessed in microsomal fractions from untreated rats and rats induced with either phenobarbitone or  $\beta$ -naphthoflavone. From Fig. 3 it is clear that the modifying effects of the compounds depends largely on the nature of the animal pretreatment. Thus, in untreated rat hepatic microsomes, the 1'-isomer was poorly inhibitory (only 15% inhibition at a concentration of 100  $\mu\text{M}$ ) whereas the 2'-isomer enhanced the activity. Enhancement was apparently optimal between 20–40  $\mu\text{M}$ ; at a concentration of

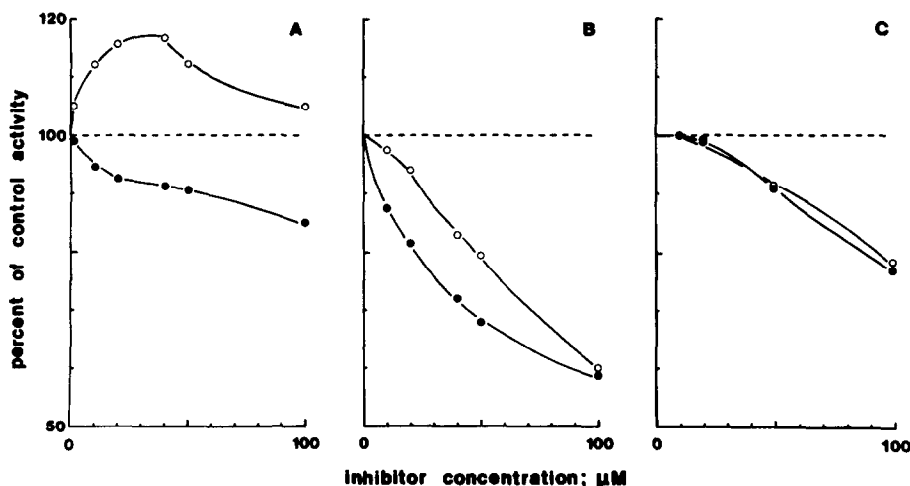


Fig. 3. Effect of the isomeric 2-(naphthyl)methylbenzimidazoles on aniline *p*-hydroxylase activity in hepatic microsomes from (A) untreated, (B) phenobarbitone-pretreated, and (C)  $\beta$ -naphthoflavone-pretreated rats. The broken line represents control activity. (●) 2-(1'-naphthyl)methylbenzimidazole; (○) 2-(2'-naphthyl)methylbenzimidazole.

Table 2. Spectral binding characteristics of isomeric 2-naphthylmethylbenzimidazoles in hepatic microsomes from control and induced rats

|                                    | Microsomal type |                               |                |                 |                               |                        |               |                               |                |                               |
|------------------------------------|-----------------|-------------------------------|----------------|-----------------|-------------------------------|------------------------|---------------|-------------------------------|----------------|-------------------------------|
|                                    | Control         |                               |                |                 |                               | Phenobarbitone-induced |               |                               |                |                               |
|                                    | $K_s$           | $\Delta A_{\max} \times 10^3$ | $\Delta A/K_s$ | $K_s$           | $\Delta A_{\max} \times 10^3$ | $\Delta A/K_s$         | $K_s$         | $\Delta A_{\max} \times 10^3$ | $\Delta A/K_s$ | $\Delta A_{\max} \times 10^3$ |
| 2-(1'-naphthyl)methylbenzimidazole | 2.8             | 5.85                          | 2070           | 6.1             | 7.26                          | 1190                   | $1.0 \pm 0.1$ | $21.2 \pm 0.8$                | 22500          |                               |
| 2-(2'-naphthyl)methylbenzimidazole | $1.8 \pm 0.3$   | $9.87 \pm 0.50$               | 5540           | $0.17 \pm 0.05$ | $2.60 \pm 0.30$               | 16200                  | $3.1 \pm 0.8$ | $15.6 \pm 2.1$                | 5030           |                               |

Data are mean  $\pm$  SD of three individual estimates; where uncertainties are not shown the data are mean values of duplicate estimates that did not vary by more than 9%.

Units are:  $K_s$ ,  $\mu\text{M}$ ;  $\Delta A_{\max}$ , absorbance units/nmole cytochrome P-450;  $\Delta A/K_s$ , absorbance units/nmole cytochrome P-450/M.

100  $\mu\text{M}$  enhancement was only 5% over control activity. In view of the potential problems associated with compound solubility, and membrane disruption effects due to the quite high hydrophobic character of these compounds, the inhibitors were not tested at concentrations greater than 100  $\mu\text{M}$ .

Aniline *p*-hydroxylase activity in phenobarbitone-induced rat hepatic microsomes was relatively susceptible to inhibition by the isomeric naphthylmethylbenzimidazoles. Although the 1'-isomer was a slightly more potent inhibitor than the 2'-isomer at concentrations between 0 and 50  $\mu\text{M}$ , by 100  $\mu\text{M}$  the two compounds were essentially equipotent (about 40% inhibition of the control activity catalysed by phenobarbitone-induced microsomes; Fig. 3).  $\beta$ -Naphthoflavone pretreatment was associated with induction of aniline *p*-hydroxylase activity that appeared quite resistant to inhibition by the compounds. At each of the test concentrations the isomers appeared essentially equipotent as inhibitors but even at a concentration of 100  $\mu\text{M}$  only about a 20% decrease in activity was produced.

#### *Spectral binding interactions of 2-(naphthyl)methylbenzimidazoles in differently-pretreated rat liver microsomes*

The capacity of the isomers to interact with ferric P-450 was assessed in hepatic microsomes from untreated, phenobarbitone-induced and  $\beta$ -naphthoflavone-induced rats (Table 2). In all cases, the compounds were found to elicit type I binding interactions of high affinity (low  $K_s$  values). However, it was noted that the extent of the binding interaction ( $\Delta A_{\max}$ ) was highly dependent upon the nature of the animal pretreatment. In the case of the 1'-isomer, induction by  $\beta$ -naphthoflavone was associated with an approximate 3-fold increase in binding affinity ( $K_s$ ) and an approximate 3.5-fold increase in the proportion of P-450 undergoing the spectrally-observed interaction (Table 2). In addition, the ratio  $\Delta A_{\max}/K_s$ , a measure of the efficiency of the binding reaction, was more than 10-fold greater in  $\beta$ -naphthoflavone induced microsomal fractions than in fractions from untreated rat liver. In contrast, phenobarbitone induction decreased the affinity of the 1'-isomer for P-450 despite a slight increase in the  $\Delta A_{\max}$  parameter. Overall, in phenobarbitone-induced hepatic microsomes, the binding efficiency of the 1'-isomer was about one-half that in untreated microsomes.

An opposite trend emerged from studies of the binding characteristics of the 2'-isomer. Here, phenobarbitone induction markedly increased binding affinity and, despite the finding that  $\Delta A_{\max}$  was decreased to only one-quarter of that in untreated hepatic microsomes, the binding efficiency was elevated about 3-fold (Table 2).  $\beta$ -Naphthoflavone induction decreased the binding affinity of the 2'-isomer about 2-fold, a finding in direct contrast with the situation regarding the 1'-isomer. The value of the  $\Delta A_{\max}/K_s$  parameter suggested that exposure of rats to this inducing agent decreased the overall efficiency of binding.

#### DISCUSSION

The results of the present study add to the growing

body of evidence that different P-450-mediated monooxygenase activities are differently susceptible to the action of a range of inhibitory compounds [4-7]. A number of existing studies have established that lipophilicity is a major determinant of the affinity of exogenous compounds for the binding site(s) present at the active site of P-450 isozymes [13, 23]. It is clear that lipophilic character also determines inhibitory potency of nitrogen heterocycles such as the imidazoles and benzimidazoles [4, 13]. The importance of steric factors to monooxygenase inhibition has also been proposed [14, 24]. The size of the benzimidazole 2-substituent has been shown to be important in the inhibition of rat hepatic microsomal APDM activity [14].

It has emerged that benzo[a]pyrene hydroxylase in hepatic microsomes from phenobarbitone-induced rats is susceptible to inhibition by small nitrogen heterocycles whereas that activity from 3-methylcholanthrene-pretreated animals is refractory to the same compounds [10, 13]. The inclusion of additional fused or non-fused aromatic groupings into the benzimidazole nucleus produced potent inhibitors of the 3-methylcholanthrene-inducible activity [25]. As equilipophilic alkyl-substituted nitrogen heterocycles generally possess no capacity to modulate this particular monooxygenase activity it is clear that other physicochemical properties can influence overall inhibition potency. Thus a plausible explanation has emerged to account for the activity of the well-studied ellipticines and  $\beta$ -naphthoflavone as inhibitors of 3-methylcholanthrene-induced benzo[a]pyrene hydroxylase [26, 27]. In the present study  $\beta$ -naphthoflavone-inducible EROD and ECOD activities differed greatly in their susceptibility to inhibition by the isomeric naphthylmethylbenzimidazoles. Both monooxygenases appear to be catalysed by the P-450 isozyme  $\beta$ NF-B, which may constitute up to about 70% of the total P-450 present in these microsomes [1], yet the 1'-isomer was a potent inhibitor of EROD and the 2'-isomer was more potent against ECOD activity. A possible explanation for this effect may lie in an analysis of the conformation of the two naphthylmethylbenzimidazoles shown in Fig. 4. In the 1'-isomer, rotation about the bonds between the two aromatic systems and the methylene carbon atom is severely restricted by the 8'-hydrogen atom of the naphthyl substituent. The steric interaction between

this atom and the  $\pi$ -electron system of benzimidazole results in a relatively rigid molecule and, although not planar, this conformation may promote the superior inhibition of EROD that was observed with the 1'-isomer. Certainly 7-ethoxyresorufin is a much larger molecule than 7-ethoxycoumarin and it remains a possibility that 7-ethoxyresorufin binding involves a greater proportion of the available binding region in the P-450 active site for optimal metabolism. The much more flexible 2'-isomer was a more potent inhibitor of ECOD activity which suggests that the binding of 7-ethoxycoumarin in the active region of  $\beta$ -naphthoflavone-induced P-450 involves a site of smaller dimensions and with greater flexibility than that involved in 7-ethoxyresorufin binding.

Inhibition studies in phenobarbitone-induced microsomes revealed the apparently equal potency of the two isomers against each of the three monooxygenase activities. These activities are all probably catalysed by the P-450 isozyme PB-B [1]. The equipotency of inhibition suggests that the same number of sites, perhaps only one, is involved in the binding of all three substrates. The structural, and presumably steric, requirements for inhibition would seem to be the same for both isomers. The fact that  $I_{50}$ s versus APH were greater than those against APDM, which were in turn greater than those against ECOD probably relates to the relative affinities of inhibitors and substrates for PB-B under the assay conditions.

Inhibition data obtained using hepatic microsomes from untreated rats are not clear cut and should not be over-interpreted. More than a single isozyme of P-450 would be expected to catalyse APDM activity in these microsomes [1, 28]. Furthermore, ECOD and APH activities are not well-defined with respect to the isozymic forms involved. Instead, these data probably reflect the interaction of the isomeric 2-(naphthyl)methylbenzimidazoles with different P-450 isozymes; any additional statements are probably too speculative to add significantly to this assertion. Nevertheless it is of particular interest that the 2'-isomer enhanced APH activity in untreated microsomal fractions whereas the 1'-isomer elicited no enhancement and was instead weakly inhibitory. Studies are continuing to investigate the structural basis of this phenomenon.

The isolation of individual P-450 isozymes has led to significant advances in the understanding of monooxygenase catalysis. Detailed studies with a range of chemical probes are still required to delineate the subtle differences in binding sites between the cytochromes. Such studies would add considerably to our detailed knowledge of the structural requirements of substrate binding, and catalysis by P-450s and eventually to an explanation of steric factors regarding monooxygenase inhibition and enhancement by nitrogen heterocycles.

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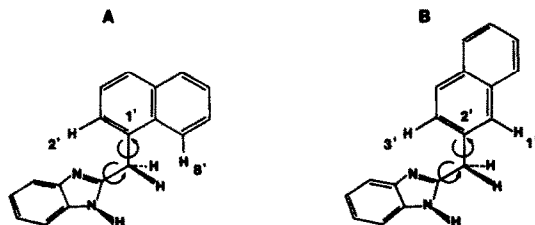


Fig. 4. Conformational representation of the isomeric 2-(naphthyl)methylbenzimidazoles showing bonds around which rotation is theoretically possible. In the 1'-isomer (A) rotation is restricted by the overlap of the naphthyl group 8'-hydrogen atom and the benzimidazole nucleus. In the 2'-isomer (B) steric overlap is much less pronounced.

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